## Antarctica Sailing Expedition 2025 – Questionnaire

1.	Do you have any sailing experience, or have you spent long periods at sea? And are you prone to sea sickness and can manage this during rough seas? The crossing from Ushuaia to Antarctica takes around 3-5 days depending on ocean conditions.
2.	This is a working yacht, with many tasks involving participation to support the crew, this includes (Around the clock shifts during the crossings, rostered cleaning schedules, some cooking) will you be able to take part in these activities?
3.	Water and other resources can be limited onboard for periods of time, this may mean that showers are every few days or so and, drinking water has a priority. This is something you will need to consider when living onboard. Let us know if you think there may be issues?
4.	Sleeping quarters are very tight and bunk beds in close proximity to other expeditioners will be consistent for the period of time onboard. Are you comfortable in close quarters and living with people for this period? We suggest that everyone bring earplugs and noise cancelling headphones for the expedition.
5.	What is the focus of your journey, i.e. wildlife, underwater, scenery, visiting Antarctica? We will be focused on photography and looking for every opportunity to get in the water, so many locations in the itinerary have been chosen as they are wildlife hotspots or will allow us opportunities to photograph or film something unique.
6.	The expedition team is usually made up of an eclectic group of people with many different interests and backgrounds. Can you let us know a bit about yourself?

7.	Weather determines a great deal of what happens in Antarctica and often a planned itinerary is not viable and may mean we need to be reactive and change the plan on a daily basis. How do you deal with ongoing changes that may be out of your control?
8.	Antarctica is a special protect environment and we are subject to several rules and regulations to ensure the region stays pristine. Prior to your tour and during the expedition you will be expected to read the site guidelines, so you understand where you are allowed to go and what areas have restrictions. You will also be expected to take part in biosecurity for each excursion to ensure we do not contaminate a site. Do you agree to these terms?
9.	We have the ability to charge batteries and devices however we sometimes need to have a rotation system in order to accommodate the entire teams requirements, can you provide a list of items you think may require a higher voltage, then we can look at specific generators.
10.	Mealtimes are not structured due to the nature of the expedition and the fact that there is 20 hours of light each day means we may be watching wildlife events, however there is more than enough food for those that wish to graze all day. If you have dietary requirements or require regular meals we can make arrangements. Please let us know your situation.
11.	Space on board this sailing boat is very limited, you will be limited to 2 duffle bags (up to 150l size) and a backpack to bring all you need. Is this manageable? (Hard cases for transporting camera gear etc can be stored in Ushuaia)
12.	What five words would you use to describe yourself?
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